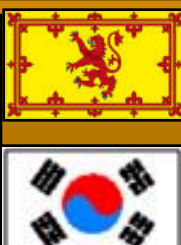




The Choi Kwang Do Black Belt Academy (Scotland)

**October
2009**



		01 Thursday St MARGARETS 12:30 to 13:00 13:00 to 13:30	02 Friday KINGSWELLS 18:00 to 19:30	03 Saturday	04 Sunday Sunday Mixed Class 10:30 to 12:00 ALFORD	
					Happy Birthday Frances!	
05 Monday SAC 18:00 to 19:30	06 Tuesday 4-7's: 18:00 7-14's: 18:45 Adult: 19:30 end: 20:45 ALFORD	07 Wednesday Shell CKD 12:00 to 13:00	08 Thursday St MARGARETS 12:30 to 13:00 13:00 to 13:30	09 Friday KINGSWELLS 18:00 to 19:30	10 Saturday	11 Sunday Sunday Mixed Class 10:30 to 12:00 ALFORD
Happy Birthday Alan!						
12 Monday SAC 18:00 to 19:30	13 Tuesday 4-7's: 18:00 7-14's: 18:45 Adult: 19:30 end: 20:45 ALFORD	14 Wednesday Shell CKD 12:00 to 13:00	15 Thursday St MARGARETS 12:30 to 13:00 13:00 to 13:30	16 Friday KINGSWELLS 18:00 to 19:30	17 Saturday	18 Sunday Sunday Mixed Class 10:30 to 12:00 ALFORD
19 Monday SAC 18:00 to 19:30	20 Tuesday 4-7's: 18:00 7-14's: 18:45 Adult: 19:30 end: 20:45 ALFORD	21 Wednesday Shell CKD 12:00 to 13:00	22 Thursday St MARGARETS 12:30 to 13:00 13:00 to 13:30	23 Friday KINGSWELLS 18:00 to 19:30	24 Saturday	25 Sunday Sunday Mixed Class 10:30 to 12:00 ALFORD
Happy Birthday Rachael!				Happy Birthday Mr. Weir!		Happy Birthday Lisa & Priyanka!
26 Monday SAC 18:00 to 19:30	27 Tuesday 4-7's: 18:00 7-14's: 18:45 Adult: 19:30 end: 20:45 ALFORD	28 Wednesday Shell CKD 12:00 to 13:00	29 Thursday St MARGARETS 12:30 to 13:00 13:00 to 13:30	30 Friday KINGSWELLS 18:00 to 19:30	31 Saturday	