



The Choi Kwang Do Black Belt Academy (Scotland)

Sunday
Mixed Class
10:30 to 12:00

ALFORD

02 Monday

SAC
18:00 to 19:30

03 Tuesday

4-7's: 18:00
7-14's: 18:45
Adult: 19:30
end: 20:45

ALFORD

04 Wednesday

Shell CKD
12:00 to 13:00

05 Thursday

St MARGARETS
12:30 to 13:00
13:00 to 13:30

06 Friday

KINGSWELLS
18:00 to 19:30

07 Saturday

08 Sunday

Sunday
Mixed Class
10:30 to 12:00

ALFORD

09 Monday

SAC
18:00 to 19:30

10 Tuesday

4-7's: 18:00
7-14's: 18:45
Adult: 19:30
end: 20:45

ALFORD

11 Wednesday

Shell CKD
12:00 to 13:00

12 Thursday

St MARGARETS
12:30 to 13:00
13:00 to 13:30

13 Friday

KINGSWELLS
18:00 to 19:30

14 Saturday

15 Sunday

Sunday
Mixed Class
10:30 to 12:00

ALFORD

**Happy Birthday
Lindsey!**

**Happy Birthday
Mr. Denham!**

16 Monday

SAC
18:00 to 19:30

17 Tuesday

4-7's: 18:00
7-14's: 18:45
Adult: 19:30
end: 20:45

ALFORD

18 Wednesday

Shell CKD
12:00 to 13:00

19 Thursday

St MARGARETS
12:30 to 13:00
13:00 to 13:30

20 Friday

KINGSWELLS
18:00 to 19:30

21 Saturday

22 Sunday

Sunday
Mixed Class
10:30 to 12:00

ALFORD

**Happy Birthday
Jamie!**

23 Monday

SAC
18:00 to 19:30

24 Tuesday

4-7's: 18:00
7-14's: 18:45
Adult: 19:30
end: 20:45

ALFORD

25 Wednesday

Shell CKD
12:00 to 13:00

26 Thursday

St MARGARETS
12:30 to 13:00
13:00 to 13:30

27 Friday

KINGSWELLS
18:00 to 19:30

28 Saturday

29 Sunday

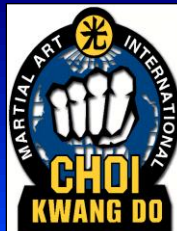
Sunday
Mixed Class
10:30 to 12:00

ALFORD

**Grading
moved to
Dec 06**

30 Monday

SAC
18:00 to 19:30



November 2009