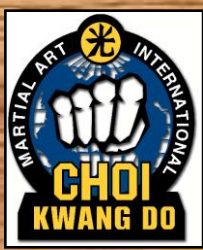


# Choi Kwang Do Black Belt Academy (Scotland)

ckdbbasotland@ckd.org.uk (01975) 563273 www.ckd.org.uk



	01 Tuesday	02 Wednesday	03 Thursday	04 Friday	05 Saturday	06 Sunday
	4-7's: 18:00 7-14's: 18:45 Adult: 19:30 end: 20:45 ALFORD	<b>Shell CKD</b> 12:00 to 13:00	St MARGARETS 12:30 to 13:00 13:00 to 13:30	<b>KINGSWELLS</b> 18:00 to 19:30		Sunday Mixed Class 10:30 to 12:00 Instructors Class 12:00 to 13:00 ALFORD
07 Monday	4-7's: 18:00 7-14's: 18:45 Adult: 19:30 end: 20:45 ALFORD  <b>Happy Birthday</b> Ms. Anderson	<b>Shell CKD</b> 12:00 to 13:00	St MARGARETS 12:30 to 13:00 13:00 to 13:30	<b>KINGSWELLS</b> 18:00 to 19:30		Sunday Mixed Class 10:30 to 12:00 ALFORD
14 Monday	4-7's: 18:00 7-14's: 18:45 Adult: 19:30 end: 20:45 ALFORD	<b>Shell CKD</b> 12:00 to 13:00	St MARGARETS 12:30 to 13:00 13:00 to 13:30	<b>KINGSWELLS</b> 18:00 to 19:30  <b>Happy Birthday</b> Mr. MacInnes		Sunday Mixed Class 10:30 to 12:00 ALFORD  <b>Happy Birthday</b> Georgia!
21 Monday	4-7's: 18:00 7-14's: 18:45 Adult: 19:30 end: 20:45 ALFORD  <b>Happy Birthday</b> Mr. Maclean	<b>Shell CKD</b> 12:00 to 13:00	St MARGARETS 12:30 to 13:00 13:00 to 13:30	<b>KINGSWELLS</b> 18:00 to 19:30		Sunday Mixed Class 10:30 to 12:00 ALFORD  <b>Happy Birthday</b> Katie!
28 Monday	<b>Happy Birthday</b> Peter  <b>Happy Birthday</b> Ms. McConnachie <b>21 Today!!!</b>	<b>Shell CKD</b> 12:00 to 13:00  <b>Happy Birthday</b> Mr. Gray	St MARGARETS 12:30 to 13:00 13:00 to 13:30	<h2>July 2008</h2>		
29 Tuesday	4-7's: 18:00 7-14's: 18:45 Adult: 19:30 end: 20:45 ALFORD					

# Picture TBD