



	<p>01 Tuesday</p> <p>4-7's: 18:00 7-14's: 18:45 Adult: 19:30 end: 20:45</p> <p>ALFORD</p>	<p>02 Wednesday</p> <p>Shell CKD 12:00 to 13:00</p>	<p>03 Thursday</p> <p>St MARGARETS 12:30 to 13:00 13:00 to 13:30</p> <p>Happy Birthday Mr. Stutter!</p>	<p>04 Friday</p> <p>KINGSWELLS 18:00 to 19:30</p>	<p>05 Saturday</p>	<p>06 Sunday</p> <p>Sunday Mixed Class 10:30 to 12:00</p> <p>ALFORD</p>
<p>07 Monday</p> <p>SAC 18:00 to 19:30</p>	<p>08 Tuesday</p> <p>4-7's: 18:00 7-14's: 18:45 Adult: 19:30 end: 20:45</p> <p>ALFORD</p> <p>Happy Birthday Eilidh!</p>	<p>09 Wednesday</p> <p>Shell CKD 12:00 to 13:00</p>	<p>10 Thursday</p> <p>St MARGARETS 12:30 to 13:00 13:00 to 13:30</p>	<p>11 Friday</p> <p>KINGSWELLS 18:00 to 19:30</p> <p>Happy Birthday Lucy!</p>	<p>12 Saturday</p>	<p>13 Sunday</p> <p>Sunday Mixed Class 10:30 to 12:00</p> <p>ALFORD</p>
<p>14 Monday</p> <p>SAC 18:00 to 19:30</p>	<p>15 Tuesday</p> <p>4-7's: 18:00 7-14's: 18:45 Adult: 19:30 end: 20:45</p> <p>ALFORD</p> <p>Happy Birthday Alison!</p>	<p>16 Wednesday</p> <p>Shell CKD 12:00 to 13:00</p>	<p>17 Thursday</p> <p>St MARGARETS 12:30 to 13:00 13:00 to 13:30</p>	<p>18 Friday</p> <p>KINGSWELLS 18:00 to 19:30</p>	<p>19 Saturday</p>	<p>20 Sunday</p> <p>Sunday Mixed Class 10:30 to 12:00</p> <p>ALFORD</p>
<p>21 Monday</p> <p>SAC 18:00 to 19:30</p> <p>Happy Birthday Mr. Stott!</p>	<p>22 Tuesday</p> <p>4-7's: 18:00 7-14's: 18:45 Adult: 19:30 end: 20:45</p> <p>ALFORD</p>	<p>23 Wednesday</p> <p>Shell CKD 12:00 to 13:00</p> <p>Happy Birthday Mr. MacDougall</p>	<p>24 Thursday</p>	<p>25 Friday</p>	<p>26 Saturday</p> <p>Happy Birthday Jacob!</p>	<p>27 Sunday</p> <p>Sunday Mixed Class 10:30 to 12:00</p> <p>ALFORD</p>
<p>28 Monday</p> <p>SAC 18:00 to 19:30</p>	<p>29 Tuesday</p> <p>4-7's: 18:00 7-14's: 18:45 Adult: 19:30 end: 20:45</p> <p>ALFORD</p>	<p>30 Wednesday</p> <p>Shell CKD 12:00 to 13:00</p>	<p>31 Thursday</p>	<h1 style="text-align: center;">December 2009</h1>		



The Choi Kwang Do Black Belt Academy (Scotland)

